

Quentin Lafont

Digital project manager

Tokyo, Japan 🛇

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in/quentin-lafont in

About me

I am 25 years old and recently graduated with a double degree in digital strategy and a Web business MBA. I have nearly 3 years of experience thanks to various internships and apprenticeships.

The diversity of my missions reflects my versatility, and my willingness to discover new tasks and use new tools to meet the needs of companies.

Thanks to international work experiences, I have an excellent level of English and a facility for adaptation and I am used to leaving my comfort zone

PROFESSIONAL SKILLS

Hard skills

Digital strategy Customer support

Employee training Project management

Powerpoint/presentation

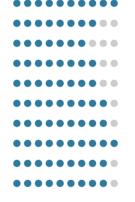
F-commerce

Internal communication

WordPress

Emailing

Product knowledge



Soft skills

Teamwork Organised Reliable Curious

Learns quickly Adaptable Autonomous Motivated

INTERNATIONAL



Internship (6 months) Montreal



Classes (2 months) London, Stockholm Montreal, Singapore

LANGUAGES







HOBBIES & INTERESTS







Bodybuilding

EXPERIENCES

August 2019 - August 2021

DIGITAL DEVELOPMENT ASSISTANT (apprenticeship)

Institut Paul Bocuse, Écully

October 2018 - April 2019

COMMUNITY MANAGER (apprenticeship)

L'Arom (le Mondial des Métiers), Lyon

February 2018 - August 2018

DIGITAL PROJECT MANAGER (internship)

NAOS Group (Bioderma & Institut Esthederm), Montreal

PART-TIME JOBS

October 2022 - July 2023

WAITER - BARTENDER

The Front Room Marunouchi (HUGF) Tokyo, Japan

2016 - 2019

BAKERY SALESPERSON/PREPARER

L'Atelier du pain Vénissieux, France

2014 - 2016

KITCHEN CLERK/DISHWASHER/WAITER

Riso Amaro. Lyon France

EDUCATION

2022-2023

ARC Academy Shinjuku | Tokyo

Japanese language school

2016-2021

ESCEN | Lyon

Digital Strategy Master - MBA Web business